Instructions to authors

Vitamin and Nutrition Research
General

The International Journal for Vitamin and Nutrition Research publishes papers in the field of nutrition research that contain new and significant information of general interest. The primary focus of the journal is vitamins, minerals, trace elements, and minor plant components. Papers related to basic and clinical nutrition, nutritional epidemiology, diet and health, nutrition in prevention and therapy, dietetics, interaction of foodstuffs, nutritional pharmacology, analytic methods in nutrition, as well as on behavioral and psychological aspects and diet and nutrition will be considered. Reviews and abstracts of meetings are also welcome.

Only original papers will be considered. Submission of a manuscript implies that the same work has not been published and is not under consideration elsewhere. It is furthermore the responsibility of the corresponding author to obtain the agreement of all co-authors of the paper prior to submission to the journal. This should be stated in the letter accompanying the manuscript.

Authors are encouraged to suggest three reviewers for their papers, but the journal has no obligation to follow these suggestions. Authors may also indicate names of experts they wish to have excluded from the reviewing process. In order to allow the reviewers to assess possible overlaps with current research, the authors should include copies of their work either in press or under consideration in other journals.

Preparation of Manuscripts

Authors should consult a recent issue of the journal to make themselves familiar with the general style and layout. Manuscripts must be written in clear and grammatically correct English (either American or British English). Contributors, particularly those not familiar with English usage, are encouraged to seek help from colleagues in the preparation of their work. Manuscripts that are not adequately prepared and written in poor English will be returned to the authors. The text should be doubled-spaced (25–30 lines per page) on numbered sheets of uniform size with a margin of at least 2.5 cm on each side. Pages must contain continuous line-numbering.

Original Communications

These full-length papers are the normal form of publication. As a reference, most research papers are between five and seven printed pages and a full page of text contains approximately 300 words (the space must be considered by tables and figures). The text should be arranged in the following order:

1. The First Page
   Should contain a concise but informative title, typically not exceeding 110 characters. The use of abbreviations should be avoided. The authors' names should appear below the title with the first or middle name of each author spelled out in full. Next, the address of the laboratory (or laboratories) where the work was carried out (in the language of the country or in English) should be given together with the fax number of the institution and the e-mail address of the corresponding author. If the work was carried out in more than one laboratory, the names of the authors should be followed by superscript numbers, which should precede the names of the corresponding laboratories. The full postal address of the corresponding author including telephone, fax and e-mail must be given. A running title not exceeding 48 letters and spaces should be included.

2. The Abstract
   Should not exceed 250 words and should be intelligible without reference to other parts of the paper. Specialized terms and abbreviations should be avoided. The abstract should give both a qualitative but also a quantitative summary of the work, including major results (numbers and p-values), followed by a more general conclusion.
3. Introduction

The purpose of the work in relation to other research in the field should be briefly but clearly stated (research hypothesis must become clear), avoiding thereby an extensive review of the literature (typically less than 2.5 pages in length).

4. Materials and Methods or Subjects and Methods

This section should be brief but include enough information to permit repetition of the work. Origin of important materials and chemicals should be clearly stated (i.e. supplier with location). In order to abbreviate lengthy methods, earlier references clearly describing the method can be cited. This section should include a description of data treatment/statistics.

5. Results

Results may also be presented in tables or figures, but many simple findings can be mentioned directly in the text. Results should be presented separately from the discussion. Reporting results in the text that are presented in figures/tables should be avoided.

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Figures: Should be attached separately to the main manuscript. One set of figures with lettering should be suitable for publication, i.e. sharp glossy prints, drawings in black ink, good quality computer printouts or halftone figures. Figures should already be the size of their later reproduction. Figure legends (i.e. figure titles) should be included on a separate sheet within the manuscript, or following the table section, and must be intelligible without having to consult the main text. Preferably, if generated with a separate program, figures should not be copied into word/excel etc. but be attached as e.g. JPEG, TIF etc. Figures are reproduced in black and white. Colour reproduction is possible by request at a charge of 500 Euros per article.

6. Discussion

Should not consist of a recapitulation of the results but deal with their interpretation. Excessive speculation should be avoided. Relevant literature should be cited. A brief summary or conclusive paragraph or sentence should finalize this chapter.

7. Acknowledgments

Should also contain a brief explanation on the role of each author and how they contributed to the work. In addition, relevant (financial) support should be given in detail.

8. Conflicts of interest

Conflicts of interest should be stated exactly. If there are no conflicts, this should also be mentioned, e.g. “The authors declare that there are no conflicts of interest.”

9. References

Must be cited in the text by numbers in square brackets, e.g. [1], in numerical order of their citation. Authors must use the Vancouver reference Style for the References. Authors are encouraged to consider previous work published in the IntJ Vit NutrRes. In the reference list, they should be cited in numerical order as follows:

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“News and Views” Section

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Status: April 2019